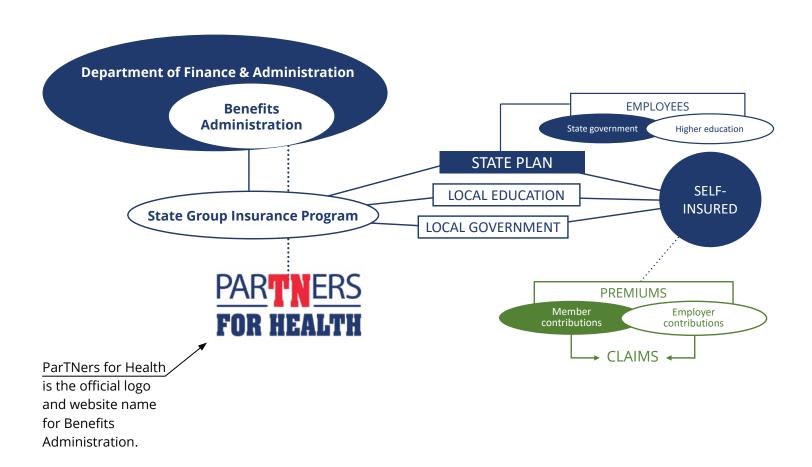


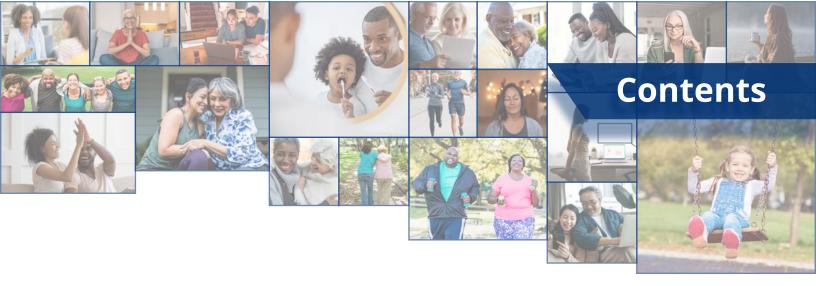


## **About the plan**

Benefits Administration, within the Department of Finance & Administration, manages the State Group Insurance Program.

The state pays about 80% of the medical insurance monthly premium for state employees and dependents. This covers medical, behavioral health and pharmacy services.





## **I. Medical Options**

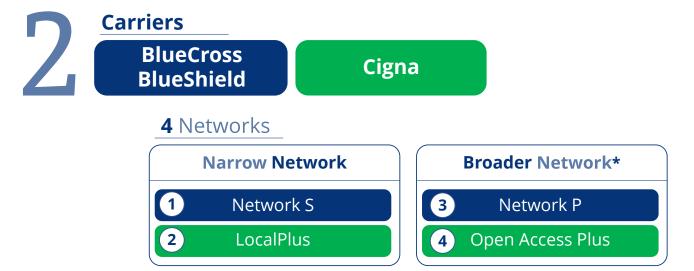
## **II. Voluntary Options**



- Premier Preferred Provider Organization or Premier PPO
- **Standard** Preferred Provider Organization or Standard PPO
- Consumer-driven health plan with a health savings account or CDHP/HSA

#### **Tier Levels** (choose one)

Employee Only | Employee + Spouse | Employee + Child(ren) | Employee + Spouse + Child(ren)



\*Additional cost applies. \$65 per month for the employee only and employee + child(ren) tiers and an additional \$130 per month for the employee + spouse and employee + spouse + child(ren) tiers. This cost is added to your monthly premium.

### **Telehealth**

**All** plan members have access to **virtual telehealth** visits.



Both are available 24 hours a day, seven days a week (including nights, weekends and holidays).





2023 Health Premiums



Health Comparison Chart

## **Pharmacy Benefits**

All employees enrolled in medical coverage have pharmacy benefits. The health plan you choose determines your out-of-pocket prescription costs.

#### How much you pay depends on:

- 1. Drug tier
- 2. Drug quantity
- 3. Where you get your drugs

## Behavioral Health – administered by Optum

**All health plans** include access to outpatient and facility-based behavioral health and substance use disorder services.

There is not a separate premium, deductible or max-out-of-pocket for behavioral health benefits.





Behavioral Telehealth page



## **Dental**

#### Cigna DHMO Prepaid

This  $\underline{\mathbf{d}}$  ental  $\underline{\mathbf{h}}$  ealth  $\underline{\mathbf{m}}$  aintenance  $\underline{\mathbf{o}}$  rganization provides services at fixed copay amounts paid by the member.

A **narrow network** of dental providers must be used to receive benefits.

#### **Delta Dental DPPO**

This <u>dental</u> <u>preferred</u> <u>provider</u> <u>organization</u> provides services with coinsurance paid by the member **and** Delta Dental.

**Any dentist** can be used to receive benefits; you **pay less** with **in-network** dental providers.

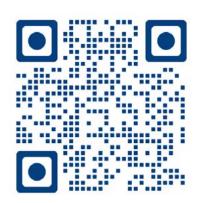
2023 Active Member Dental Premiums			
Tiers	Cigna	Delta Dental	
Employee only	\$13.84	\$19.82	
Employee + Spouse	\$24.54	\$38.98	
Employee + Child(ren)	\$28.54	\$52.70	
Employee + Spouse + Child(ren)	\$33.74	\$80.72	

**NOTE:** Delta Dental has a waiting period from the member's coverage start date for some services. See the dental comparison chart for more.

# Dental Comparison Chart

Can be found on the ParTNers for Health website From the homepage:

- 1. Hover over **Other Options** tab in the main navigation
- 2. Click on **Dental**
- 3. Click on 2023 comparison of the plans' benefits



Scan this code with your smartphone to access the **dental comparison chart** 



## Vision

Two plan options administered by **EyeMed** 

#### **Basic Plan**

Offers discounted rates, copays and allowances for services and material.

#### **Expanded Plan**

Provides services and materials with a combination of copays, greater allowances than the basic plan and discounted rates.

2023 Active Member Vision Premiums			
Tiers	Basic	Expanded	
Employee only	\$3.18	\$6.30	
Employee + Spouse	\$6.03	\$11.98	
Employee + Child(ren)	\$6.35	\$12.60	
Employee + Spouse + Child(ren)	\$9.33	\$18.54	

# Vision Comparison Chart

Can be found on the ParTNers for Health website

- From the homepage:
  - 1. Hover over the **Other Options** tab in the main navigation
  - 2. Click on Vision
  - 3. Click on **click here** for 2023 comparison of plans' benefits



Scan this code with your smartphone to access the **vision comparison chart** 



Basic Group Term Life and Accidental Death and Dismemberment Insurance

#### **PLEASE NOTE**

The amount of Basic Term Life and Basic AD&D insurance begins to **decrease** when you reach age 65.

Your enrolled dependents will have \$3,000 Basic Term Life Insurance and Basic AD&D as a percentage of your Basic AD&D.

- Employees receive \$20,000 in basic term life insurance and \$40,000 in basic accidental death and dismemberment insurance paid by the state at no cost to the employee.
- Basic term life insurance coverage will be 1.5X the employee's base annual salary as of Sept. 1 of each year, even if the employee is not enrolled in health insurance, to a maximum of \$50,000.
- Employees can opt out of the employee-paid basic term life insurance coverage over \$20,000 and basic AD&D coverage over \$40,000 along with dependent coverage.
- Opting out must be done in Edison. This is a permanent choice.

#### **Voluntary Term Life Insurance**

- Available to purchase for yourself, spouse and child(ren).
- Enrollment is not automatic.
- If you don't enroll when first eligible, you will be required to answer health questions when enrolling in the future.
- The guaranteed issue amount of voluntary life insurance is five times the employee's base annual salary

Voluntary Accidental Death and Dismemberment Insurance

You can buy voluntary AD&D insurance to give additional protection if you or your dependent's death or dismemberment is due to an accident.

New in 2023

Coverage level will no longer be based on salary, and instead be a choice of these amounts: \$50,000 | \$60,000 | \$100,000 | \$250,000 | \$500,000

Dependent coverage level is a percentage of the employee's voluntary AD&D coverage amount.



## **Disability** Insurance

**Protects your income** if you are unable to work due to illness or injury.

#### **Short-term**

Replaces a portion of your income during a disability for up to 26 weeks.

#### Long-term

Replaces a portion of your income during a disability typically longer than 90 - 180 days.

- Enrollees pay **100%** of the premium with after-tax dollars.
- By paying with after-tax dollars, any benefits paid to you will result in a tax-free benefit.
- You must use all accumulated leave (sick, annual and comp time) before your disability payments begin.



Scan this code with your smartphone to access the **member handbook** 

## Flexible Spending Accounts

## Medical Limited Purpose Dependent Care Transportation/Parking

#### PPO members only

Used to pay for certain medical, dental, vision and drug costs not covered by insurance

**Annual Contribution Limit** 

\$2,850 per year \$570 can be rolled over Used to pay vision and dental costs not covered by insurance for CDHP members

**Annual Contribution Limit** 

\$2,850 per year

\$570 can be rolled over

Used to pay for after-school care, babysitting fees, daycare and preschool to allow the accountholder to work, attend school, or look for work

**Annual Contribution Limit** 

\$5,000 per household per year or \$2,500 per spouse for married persons filing separately Used for work-related commuting and/or parking expenses **BUT NOT** fuel, oil changes, car repairs

**Annual Contribution Limit** 

\$280 per month

Claims to BA by April 30 of the next year

**IMPORTANT!** You cannot enroll in both medical *and* limited FSA in the same year.



## Wellness

**ActiveHealth** Management is our **wellness** vendor, and they can **help you** achieve your health **goals**.

#### Your wellness program includes:

- A health assessment
- One-on-one coaching and group coaching
- Personalized weight management program
- Support for chronic conditions such as asthma, diabetes, COPD
- Help quitting tobacco
- Biometric screenings (excludes state plan retirees)
- Web portal and mobile app with access to many other online resources

State employees **not enrolled** in the health plan **have access** to the ActiveHealth web portal and mobile app.



Enrolled state members **and** spouses can earn cash incentives. **Scan** this QR code for the **cash incentive** flyer.





## ParTNers Health & Wellness Center

- Located on the third floor of the WRS Tower
- State employees enrolled in the State Group Insurance Program
- Sick visits, wellness screenings and more
- Reserved parking available for scheduled appointments upon request
- Telehealth also available with ParTNers Center providers

# Employee Discount Program • Exclusive discounts from your favorite brands • 30,000 national and local offers • Designed for your device of choice Scan this code with your smartphone to access the Employee Discount Program

## Working for a **Healthier** Tennessee

Working for a **Healthier** Tennessee is the workplace wellness program for **State of Tennessee employees**. It provides each department with **tools** and **support** to encourage and enable employees to lead **healthier lives** by focusing on <u>three key areas</u>:

Physical activity | Healthy eating | Well-being

The initiative creates a healthy, positive workplace and shows how taking small steps can help employees **achieve their** larger **goals**.

To learn more visit tn.gov/wfhtn



## Enrolling in Coverage

Employee Self Service or Benefit e-Form

**Enrollment must be completed and submitted to BA within 30 calendar days** of your hire date or date of becoming eligible.

The 30 days includes the hire date or other date you become eligible.

## **Dependent** Documentation

**Spouse** 

Marriage license + bank statement/mortgage statement/credit card statement/residential lease agreement/property tax statement/first page of most recent federal tax return filed showing "married filing jointly"

Child(ren)			
Biological	Birth certificate	Adopted	Court order
Step	Verification of marriage between employee and spouse <b>and</b> birth certificate of child <b>showing the</b> relationship to the spouse		



Scan this code with your smartphone to access the **Dependent Eligibility Documents** 

## **Enrollment Deadlines**

#### **NEW HIRES:**

Enrollment must be completed and submitted to BA within <u>30</u> calendar days of your hire date or date of becoming eligible. The 30 days includes the hire date or other date you become eligible.

Enroll as quickly as possible to avoid the possibility of double premium payroll deductions

#### **ANNUAL ENROLLMENT:**

Gives you a chance to enroll or make changes to your existing coverage, like increasing or decreasing voluntary term life insurance, transferring between health, dental, disability and vision options and cancelling insurance.



## Retiree Group Health Insurance Eligibility

- Be a Tennessee Consolidated Retirement System member
- Have a <u>hire date</u> prior to **July 1, 2015**
- Be under 65 years old
- Complete the Continue Insurance at Retirement application

#### **Dependents**

• Be under 26 years old &



Submit all **dependent verification** documents

## Creditable Service Criteria

Based on continuous insurance coverage **with the state plan** – immediately before end of employment.

Creditable service with a state, higher education or local education agency\* may be combined.

Local government creditable service cannot be combined with other service.

\*Must be an agency participating with the state group insurance program.

#### The **Tennessee** Plan

- Supplemental medical insurance for retirees with Medicare.
- UMR administers The Tennessee Plan's claims.
- Retirees must have a hire date prior to July 1, 2015 with a qualifying employer and receive a monthly TCRS pension.
- The Tennessee Plan will NOT pay claims if a Medicare Advantage plan is taken.
- Prescription drugs are NOT covered.

#### Retiree

## Dental & Vision Eligibility

#### **Dental**

Must receive a monthly TCRS pension to enroll in retiree dental plan.

Retirees can keep dental insurance past the age of 65 for themselves and spouse.

#### **Vision**

Must be enrolled on the retiree group health plan **AND** retiree must receive a monthly TCRS pension.

For more information visit tn.gov/partnersforhealth/publications/publications







**2** 800-253-9981





benefits.info@tn.gov 🗞 tn.gov/partnersforhealth

## **Online Resources**



#### For Retirement



**800-253-9981** ← Select **Option 2** to speak with a retirement analyst



retirement.insurance@tn.gov



tn.gov/partnersforhealth/continuing-insurance-at-retirement



